

**Cocalico School District**  
**Year-at-a-Glance - Curriculum Overview**

**Department: Family & Consumer Sciences Course: Sewing and Fashion Design Grade Level: 9-12**

**Big Ideas**

- It is necessary to know how to use the sewing machine and sewing tools properly.
- Learning how to use basic sewing skills to construct a garment, using materials available to students, can save money.
- Studying how history has impacted the fashion and textiles industry will allow students to analyze the importance of the fashion and textiles industry.
- Analyzing the many fashion and textile career options and education needed to succeed in a chosen career allows students to explore opportunities for employment.
- To complete a sewing project, one must understand how to read a sewing pattern.
- The ability to properly use the elements and principles of design will aid students in the construction of their own garments.

<b>Units of Study</b>	<b>% of Course Time</b>	<b>Textbooks &amp; Supplemental Materials</b>	<b>Assessments</b>	<b>Standards Addressed</b>
<ul style="list-style-type: none"> <li>• Preparing to sew</li> </ul>	10%	<ul style="list-style-type: none"> <li>• Sewing Machine Manuals</li> <li>• Sewing Supplies</li> <li>• Sewing Machines</li> <li>• Teacher created PowerPoints and Video Tutorials</li> </ul>	<ul style="list-style-type: none"> <li>• Tools and machine test</li> <li>• Felt cornet bookmark project</li> </ul>	<ul style="list-style-type: none"> <li>• 16.4.1</li> <li>• 16.2.5</li> </ul>
<ul style="list-style-type: none"> <li>• Sewing Techniques</li> </ul>	10%	<ul style="list-style-type: none"> <li>• Sewing Machine Manuals</li> <li>• Sewing Supplies</li> <li>• Sewing Machines</li> <li>• Teacher created PowerPoints and Video Tutorials</li> </ul>	<ul style="list-style-type: none"> <li>• Sewing machine driver's test</li> <li>• Burrito pillowcase project</li> </ul>	<ul style="list-style-type: none"> <li>• 16.4.1</li> <li>• 16.2.5</li> </ul>
<ul style="list-style-type: none"> <li>• History of fashion around the world and the art of sewing</li> </ul>	10%	<ul style="list-style-type: none"> <li>• Library Reference Books</li> <li>• Sewing Machine Manuals</li> <li>• Sewing Supplies</li> <li>• Sewing Machines</li> <li>• Teacher Created PowerPoints and Video Tutorial</li> </ul>	<ul style="list-style-type: none"> <li>• Fashion around the world project</li> <li>• Fashion decade, designer, and career research papers</li> <li>• Fashion Accessory project</li> </ul>	<ul style="list-style-type: none"> <li>• 16.1.1</li> <li>• 16.1.3</li> <li>• 16.1.4</li> <li>• 16.1.6</li> <li>• 16.3.8</li> <li>• 16.7.6</li> <li>• 11.2.6.B</li> </ul>
<ul style="list-style-type: none"> <li>• Reading a Pattern</li> </ul>	10%	<ul style="list-style-type: none"> <li>• Patterns</li> <li>• Sewing Machine Manuals</li> <li>• <i>Fabric Science Ed. 7</i></li> <li>• Sewing Supplies</li> <li>• Sewing Machines</li> <li>• Teacher created PowerPoints and Video Tutorials</li> </ul>	<ul style="list-style-type: none"> <li>• Pattern reading test</li> </ul>	<ul style="list-style-type: none"> <li>• 16.4.5</li> </ul>
<ul style="list-style-type: none"> <li>• Understanding Design</li> </ul>	20%	<ul style="list-style-type: none"> <li>• Patterns</li> <li>• Sewing Machine Manuals</li> <li>• <i>Fabric Science Ed. 7</i></li> <li>• Sewing Supplies</li> <li>• Sewing Machines</li> <li>• Teacher Created PowerPoints and Video Tutorials</li> </ul>	<ul style="list-style-type: none"> <li>• Color Wheel Poster</li> <li>• Elements and Principles of Design Project and test</li> <li>• Tote Bag Project</li> <li>• Vinyl Shirt Designing</li> <li>• Embroidery project</li> </ul>	<ul style="list-style-type: none"> <li>• 16.5.1</li> </ul>
<ul style="list-style-type: none"> <li>• Garment Constructions and Alterations</li> </ul>	40%	<ul style="list-style-type: none"> <li>• Patterns</li> <li>• Sewing Machine Manuals</li> <li>• Fabric Manuals</li> <li>• <i>Fabric Science Ed. 7</i></li> <li>• Sewing Supplies</li> <li>• Sewing Machines</li> <li>• Teacher Created PowerPoints</li> </ul>	<ul style="list-style-type: none"> <li>• Pajama pants</li> <li>• Alteration garment</li> <li>• 9 Patch pillow</li> <li>• Recycling project</li> <li>• Lap quilt</li> <li>• Apron</li> <li>• Zipper Case sewing projects</li> </ul>	<ul style="list-style-type: none"> <li>• 16.4.5</li> <li>• 11.2.6.B</li> <li>• 11.2.12.A</li> <li>• 11.2.12.E</li> <li>• 11.1.9.A</li> </ul>

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### Eagle P.A.C.T. Course Connections:

This course uses problem solving and critical thinking to overcome any hurdles students may face while sewing a project. Students incorporate teacher feedback to advance in their sewing process. Students utilize media and technology to create fashion forward products using an embroidery machine, Cricut or digital patterns, etc.