

Cocalico School District
Year-at-a-Glance - Curriculum Overview

Department: Family & Consumer Sciences Course: Adult and Family Living Grade Level: 9-12

Big Ideas

- Self-reflection is an important interpersonal skill.
- The process of finding and keeping a job involves resume writing skills, interview skills, and professionalism.
- Being financially smart is a necessary skill for adult living.
- Knowing how to shop and cook on a budget will help prioritize your finances.
- The decision-making process is an important life skill.
- Successfully managing family, work, and other responsibilities is key to being a successful adult.

Units of Study	% of Course Time	Textbooks & Supplemental Materials	Assessments	Standards Addressed
<ul style="list-style-type: none"> • Personal and Interpersonal Responsibility 	10%	<ul style="list-style-type: none"> • Poems • Teacher Created PowerPoints and Video Tutorials • Gardner’s MI Survey • Keirsey’s Temperament Test and worksheet • Text Packets • <i>Manage Life Skills</i> textbook 	<ul style="list-style-type: none"> • I AM poem • Keirsey Assessment • My Personal Code of Ethics • Leadership Research Project • Unit Exam 	<ul style="list-style-type: none"> • 11.2.9.A • 11.2.9.C • 11.2.12.F • 11.2.12.G • 11.2.12.H
<ul style="list-style-type: none"> • Careers 	20%	<ul style="list-style-type: none"> • Teacher Created PowerPoints and Tutorial Videos • MAPP Test • Jenga Game • Sample resume, cover letter, thank you letter, and application • Sewing supplies • Ties • Dress shirts, • Laundry supplies • Samples of financial aid packets, scholarship applications, and college application • <i>Manage Life Skills</i> textbook 	<ul style="list-style-type: none"> • MAPP Career Test • Resume • Cover Letter • Application • Job Hunt Activity • Employability survey • Career Exploration • Career Comparison • Career Portfolio • Wardrobe Board • College-Career Research Project and Presentation • Unit Exam 	<ul style="list-style-type: none"> • 11.2.3.B • 11.1.9.E • 11.1.6.E • 13.2.11.A • 13.2.11.C • 13.1.8.D • 13.1.8.F • 13.1.11.A • 13.1.11.B • 13.1.11.C • 13.1.11.D • 13.1.11.F • 13.1.11.G
<ul style="list-style-type: none"> • Family Financial Planning 	20%	<ul style="list-style-type: none"> • <i>Manage Life Skills</i> • Teacher Created PowerPoints and Video Tutorials • Everfi Units • Sample Mortgage applications • Interior Design Reference Books • Car Buying Websites • Home Buying Websites • Financial Magazines 	<ul style="list-style-type: none"> • Buying A Car Financial Research project • Everfi Module Exams • Buying A House project • Decorating on a Budget Room Design • Caring For Your Own Home lab • Housing Expenses lab • Unit Exam 	<ul style="list-style-type: none"> • 11.1.9.B • 11.1.12.B • 11.1.12.C • 11.1.12.E

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<ul style="list-style-type: none"> • Consumer Skills and Eating on a Budget 	20%	<ul style="list-style-type: none"> • <i>Manage Life Skills</i> • Food Lab Supplies • Kitchen Equipment • Teacher Created PowerPoints and Tutorial Videos • Recipes • Sample Food labels • Grocery Ads 	<ul style="list-style-type: none"> • Dorm Room Cooking lab • Cooking on a Budget lab • Consumer Rights article review • Menu Planning • Unit Exam 	<ul style="list-style-type: none"> • 11.1.5.D • 11.3.12.C
<ul style="list-style-type: none"> • Relationships and Teen Dilemmas 	15%	<ul style="list-style-type: none"> • <i>Manage Life Skills</i> • <i>Cyber Bully</i> DVD • <i>Loved to Death</i> movie • Moving Out Readiness packet • Art supplies • Various Articles • Eating Disorder Charts 	<ul style="list-style-type: none"> • Group Presentations: Eating Disorders • Teen Dating Violence web quest • Moving Out Readiness packet • Reflections • Unit Exam 	<ul style="list-style-type: none"> • 11.3.9.C
<ul style="list-style-type: none"> • Parenting- How to Care for a Child 	15%	<ul style="list-style-type: none"> • <i>Manage Life Skills</i> • Teacher Created PowerPoints and Video Tutorials • Parenting Magazines • Parenting Self-help and Reference Books • <i>Game of Life</i> board game 	<ul style="list-style-type: none"> • Family Structure County comparison • Article Reviews • Parenting Brochure • Unit Exam • Child Care Research project • Final Project: Adulting 101 Portfolio • Baby Care lab 	<ul style="list-style-type: none"> • 11.4.9.B • 11.4.12.E • 11.4.12.B • 11.4.6.B • 11.4.12.C • 11.2.6.F • 11.2.9.C • 11.2.9.F • 11.2.9.G • 11.2.12.F



Eagle P.A.C.T. Course Connections:

In Adult and Family Living, students will solve authentic problems, adapt to various roles, communicate effectively, be flexible, work with others, and prioritize needs of others while they navigate through everyday “adulting” topics.