

Cocalico School District
Year-at-a-Glance - Curriculum Overview

Department: Family & Consumer Sciences Course: Family & Consumer Sciences Grade Level: 7th

Big Ideas

- Sewing machine skills and hand sewing skills are practiced and used to complete a textile project.
- Understanding your interests, skills, and values will allow an individual to make informed decisions about a career and education.
- A budget will assist individuals in meeting their monetary needs and wants.
- Nutrition Facts Labels provide valuable information needed to make healthy food choices.

Units of Study	% of Course Time	Textbooks & Supplemental Materials	Assessments	Standards Addressed
<ul style="list-style-type: none"> • Textiles and sewing 	60%	<ul style="list-style-type: none"> • Sewing machines • Sewing machine parts flashcards • Sewing machine manuals • Sewing technique tutorials • Project direction sheets 	<ul style="list-style-type: none"> • Sewing machine parts test • Sewing machine practical test • Sock buddy project • Sock buddy rubric 	<ul style="list-style-type: none"> • PAFCS11.2.6.B • PAFCS11.2.6.C • PAFCS11.2.9.A • NSFCS16.4 • ELA-Literacy. RST.6-8.3 • ELA-Literacy. RST.6-8.4 • ELA-Literacy. RST.6-8.7
<ul style="list-style-type: none"> • Choosing a Career Path 	10%	<ul style="list-style-type: none"> • Junior Achievement resources • Websites for career exploration 	<ul style="list-style-type: none"> • Interests & Skills & Values survey • Food Career Research Activity 	<ul style="list-style-type: none"> • PAFCS11.2.3.A • PAFCS11.3.3.A • ELA-Literacy. RST.6-8.3 • ELA-Literacy. RST.6-8.4
<ul style="list-style-type: none"> • Budgeting 	10%	<ul style="list-style-type: none"> • Junior Achievement resources 	<ul style="list-style-type: none"> • Completed budget for a given occupation • Needs/Wants Chart 	<ul style="list-style-type: none"> • PAFCS11.1.3.F • PAFCS11.1.6.B • PAFCS11.2.6.A • ELA-Literacy. RST.6-8.3 • ELA-Literacy. RST.6-8.4
<ul style="list-style-type: none"> • Nutrition 	20%	<ul style="list-style-type: none"> • Nutrition Facts poster • Websites that show nutrition facts labels for various foods and restaurant foods 	<ul style="list-style-type: none"> • Nutrition Facts Label for Chocolate bar • STEM/FCS collaborative project-chocolate bar • Nutrition Facts Labels comparison 	<ul style="list-style-type: none"> • PAFCS11.3.6.B • PAFCS11.3.6.D • ELA-Literacy. RST.6-8.3 • ELA-Literacy. RST.6-8.4 • ELA-Literacy. RST.6-8.7



Eagle P.A.C.T. Course Connections:

Students will incorporate feedback effectively from teachers and classmates as they work on textile projects. Students will communicate and listen effectively, and problem solve as they work in table groups to complete textile projects and compare Nutrition Facts Labels on food containers. Students will summarize and determine relevant information while reading an article or viewing a video.