

# Cocalico School District

## Year-at-a-Glance - Curriculum Overview

**Department: Elementary School Counselors    Course: School Counseling Lessons    Grade Level: 1**

### Big Ideas

- Assisting students in the recognition of and regulation of their emotions
- Encouraging communication and collaboration within and amongst diverse groups of students
- Supporting students in their demonstration of empathy and making respectful choices
- Developing the whole student – including a healthy balance of academic, mental, social/emotional, and physical well-being

Units of Study	% of Course Time	Textbooks & Supplemental Materials	Assessments	Standards Addressed
<ul style="list-style-type: none"> <li>• <b>Career Awareness: My Future Is Bright</b></li> </ul>	<ul style="list-style-type: none"> <li>• 30 minutes</li> </ul>	<ul style="list-style-type: none"> <li>• Photographs (clip art) of Community Helpers</li> <li>• Book, “When I Grow Up” by Weird Al Yankovic</li> </ul>	<ul style="list-style-type: none"> <li>• Completed Worksheet: 2 <i>Interests/2 Careers</i></li> </ul>	ASCA Mindsets & Behaviors for Student Success: <ul style="list-style-type: none"> <li>• Mindset 6</li> <li>• Behavior: Learning Strategy 9</li> </ul> PDE Academic Standards for Career Education & Work: <ul style="list-style-type: none"> <li>• 13.1.3B</li> <li>• 13.1.3D</li> <li>• 13.1.3E</li> </ul>



### Eagle P.A.C.T. Course Connections:

The Elementary School Counselors design all lessons with the Eagle P.A.C.T in mind by both modeling and creating memorable experiences to teach the four pillars of success: Problem Solving & Critical Thinking, Adaptability & Flexibility, Communication, and Teamwork & Collaboration. We recognize the need to and importance of instilling these values in all students, with the ultimate goal of preparing students for their future endeavors. While all lessons are developed to meet the varying needs of the three diverse elementary buildings, all lessons are built to allow students to learn and grow in a safe, welcoming, and accepting environment.