

Athletics Health and Safety Plan Summary: Cocalico School District

Anticipated Launch Date: July 5, 2020

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above. ***All information contained within plan is subject to change based on guidance, recommendations and/or mandates from state and/or federal government agencies.**

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</p>	<ul style="list-style-type: none"> • Adequate cleaning schedules, in conjunction with custodial staff and coaches, will be created and implemented for all athletic facilities to mitigate any communicable disease prior to season start and following each usage. • Athletic Facilities will be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often. • Weight Room Equipment should be wiped down after an individual's use—team practice areas. • Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces. • Athletic equipment that may be used by multiple individuals (balls, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary • Coaches and athletic staff will be trained on sanitization procedures by maintenance staff prior to season start and may be tasked to help spray down areas/items used by their teams.

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p>	<p>-When practical, space players at least 6 feet apart on the field during warmup, skill building activities, simulation drills; Avoid unnecessary physical contact, such as high fives, handshakes, fist bumps, or hugs; Prioritize outdoor, as opposed to indoor, practice and play as much as possible; Create distance between players when explaining drills or the rules of the game.</p> <p>- Limit individuals per group according to current regulations and mandates.</p>
<p>* Procedures for serving food at events including team meetings and meals</p>	<p>-Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.</p>
<p>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</p>	<p>-Provide access to handwashing facilities and hand sanitizer for all participants. Include CDC recommendations for hand hygiene in communication to parents, which will be posted on the website.</p> <p>-Athletes should wash their hands before, during and after practice.</p> <p>-Athletes should refrain from sharing towels and items should be washed after practice.</p> <p>-Athletes MUST bring their own water bottle. Water Bottles MUST NOT BE SHARED.</p> <p>-Hydration stations (Water coolers, water fountains, water cows, etc.) should not be used. Consideration may be given in green phase.</p>
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>-A detailed plan specific to each facility with regards to entering and exiting the facility will be posted then shared by each coach to parents and student-athletes.</p> <p>-Signs may be posted in all doorways and facility entrances providing guidance and reminders of social distancing.</p>
<p>Identifying and restricting non-essential visitors and volunteers</p>	<p>-Non-essential participants or unapproved volunteers are not permitted.</p>
<p>Limiting the sharing of materials and equipment among student athletes</p>	<p>-Discourage sharing of materials or equipment (including balls) which are difficult to clean or sanitize.</p> <p>-Equipment may be shared during the green phase but coaches should periodically sanitize frequently shared items during practices.</p>

Requirement(s)	Strategies, Policies and Procedures
<p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p>	<p>-Athletes should bring their own water bottle and not share with teammates. -Do not let players share towels, clothing or other items used to wipe their hands or face.</p>
<p>Adjusting transportation schedules and practices to create social distance between students</p>	<p>-Conditioning, practice, and game spaces schedules will be staggered; only one group will be permitted to use any space at any one time.</p>
<p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p>	<p>-In the current phase, there is no transportation provided. -When transportation will be necessary, we may accept the modifications listed above.</p>
<p>Other social distancing and safety practices</p>	<p>- Limit individuals per group according to current regulations and mandates.</p>
<p>Other social distancing and safety practices</p>	<p>-When practical, space players at least 6 feet apart on the field during warmup, skill building activities, simulation drills; Avoid unnecessary physical contact, such as fist bumps, high fives, etc.</p>

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p>	<p>-Communication to students and staff that all participants in voluntary pre-season workouts and activities should self-monitor for symptoms and history of exposure; staff takes attendance and reads prepared statement reinforcing compliance.</p>
<p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>--Communication to students and staff that all participants in voluntary pre-season workouts and activities may not participate if they become sick or demonstrate a history of exposure. -Individuals who have had close contact with a person who has symptoms should be separated and sent home as well, and follow CDC guidance for community-related exposure.</p>

Requirement(s)	Strategies, Policies and Procedures
<p>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</p> <p>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<p>-Communication to students and staff that all participants in voluntary pre-season workouts and activities who were isolated or quarantined should follow CDC guidelines before participation.</p> <p>-Athletics website/Social Media accounts will be used to notify stakeholders of changes and rescheduling of events.</p> <p>-Stakeholders may also sign up for team specific notifications of schedule changes through the website.</p> <p>-Direct communication from sport specific coach.</p>

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p> <p>* Use of face coverings by all coaches and athletic staff</p> <p>* Use of face coverings by student athletes as appropriate</p> <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<p>-Communication to students and staff that participation in pre-season workouts and activities is voluntary and that those at higher risk should not participate.</p> <p>- Masks and face shields will be available and may be required in certain situations.</p> <p>- Masks will be available and may be required in certain situations.</p> <p>-Communication to students and staff that participation in pre-season workouts and activities is voluntary and that those at higher risk should not participate.</p> <p>-The Athletic Director will supervise coaches and staff following the direction of the Governor, PDE, PIAA and Cocalico Leadership team.</p>

Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Cocalico School District** reviewed and approved the Athletics Health and Safety Plan on **September 28, 2020**

The plan was approved by a vote of:

 9 **Yes**

 0 **No**

Affirmed on: **September 28, 2020**

By:



(Signature of Board President)

Rev. Kevin Eshleman

(Print Name of Board President)