



MONARCH

Rice

BROWN LONG GRAIN PARBOILED

2809291



25 LB

\$15.93 / CS

Product Description

Manufacturer: MONARCH, Mfr. Product # 873833

Additional Description

PARBOILED BROWN RICE IS NATURALLY WHOLE GRAIN, DELIVERING FULL FLAVOR AND HEALTH BENEFITS IN ONLY 25 MINUTES (VS 50 MINUTES FOR RAW BROWN RICE). LIKE PARBOILED WHITE RICE IT IS LIGHT IN COLOR AND FLUFFY IN TEXTURE. GLUTEN AND SODIUM FREE, 0 TRANS AND SATURATED FAT.

Ingredients

Parboiled Long Grain Brown Rice

Product Information

Class: 22 - GROCERY, DRY

Category: 176 - RICE, SHELF STABLE

Group: 1843 - RICE, BROWN (DRY NOT PREPARED)

Preparation & Cooking

Preparations and Cooking Instructions

Easy to prepare and consistent every time. Just add water (butter or margarine-optional). Cooks in 25 minutes depending on cooking method (see bag for directions). Each 25 lb. bag has about 258 (one cup cooked) servings. Holds well in steam table environments.

Handling Instructions

Store in dry, ambient temperatures not exceeding 70 degrees.

Serving Suggestions:

Monarch Parboiled Brown Rice is versatile and can be used as a side dish, a stand-alone, or as a base for other creative recipes.

All product information contained herein is subject to change, including pricing, promotions and nutritional. For current information at the time of purchase, please contact your sales associate.



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Shipping Information:

Physical Attributes					
Gross Weight:	25.1 LB	Height:	4.5 IN	Length:	18 IN
Net Weight:	25 LB	Width:	12.25 IN	Cube:	.574 CF
Catch Weight:	NO				

Storage Information	
Min. Temperature:	33 FA
Max. Temperature:	90 FA

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Nutritional Facts			
Serving Size g (44g)			
Servings Per Container			
Amount Per Serving			
Calories 160	Calories from Fat 10		
	% Daily Value *		
Total Fat 1.5g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 0mg	0%		
Total Carbohydrate 33g	11%		
Dietary Fiber 2g	6%		
Sugars 0g			
Protein 4g			
Vitamin A	0%		
Vitamin C	0%		
Calcium	0%		
Iron	4%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375mg
Dietary Fiber		25g	30mg
Supplemental Facts			
	% Daily Value *		
Polyunsaturated Fat 0 g			
Monosaturated Fat 0 g			
Potassium 95 mg	3%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Allergens				
ALLERGEN	DOES NOT CONTAIN	CONTAIN	MAY CONTAIN	NO DATA
Crustacean	●			
Eggs	●			
Fish	●			
Gluten				●
Lactose				●
Milk	●			
Mustard				●
Peanuts	●			
Soy	●			
Tree nuts	●			
Wheat	●			

Marketing Claims
• This product is kosher

Nutritional Disclaimer
The nutritional and ingredient information provided is based on data US Foods, Inc. receives from manufacturers and may include information derived from third-party sources such as the United States Department of Agriculture. The information provided is representative and, as a result, there may be some slight differences between the information posted and the information on the product label with respect to ingredients and/or nutritional values. The most accurate and up to date source for product information is on the product label. US Foods, Inc. neither assumes any legal liability nor makes any warranty or guaranty, either express or implied, regarding the completeness, accuracy or usefulness of this information. Product images are provided for reference only and may not reflect current packaging.